



Forks Community Hospital

"Pioneers in Rural Health Care"

Forks Family Medical Clinic



Sasha Jensen; ARNP

Family Medicine

Forks Family Medical Clinic is fully staffed with the addition of the newest provider Sasha Jensen, ARNP. Sasha will be providing care to patients of all ages in all stages of life. She is certified by the American Academy of Nurse Practitioners and the Washington Department of Health. She maintains both basic life support and advanced cardiac life support certifications.

Sasha has been in the medical field her entire life. As a young girl, her father was diagnosed with a heart condition. She was in and out of multiple clinics and traveled with her father on several occasions to Mayo Clinic in Minnesota. Coming from a family with many healthcare issues, she has witnessed the best and the worst in healthcare and providers. Stories people have told her where they have felt misunderstood, leading to mistrust of providers tore at her heart. Sasha went into medicine to be the best of what she had experienced. Sasha aims to work with families and build trust, allowing her patients to have confidence in their care.

Sasha has worked in many parts of the healthcare system, hospital volunteering, nursing, home health, emergency medical technician, and as a stroke navigator. When you speak with Sasha, she is thankful for each opportunity as it has helped her shape her current practice. Sasha understands that many patients live with circumstances beyond their control. She works hard to help people make feasible changes, living their best life, in their current situation with no judgment. Sasha believes that all victories should be celebrated, and the last thing her patients need is a lecture on why they should do something that they are not currently capable of doing. She would like her patients to trust her and share their needs. What may be a minor complaint in the grand scheme of things is still relevant. If the affliction is affecting her patient's life, it is not trivial.



Sasha is excited to be in a small town again where her neighbors introduce themselves, and friends can be made in the aisle of the grocery store. She appreciates the close-knit nature of the community and has lived in many places that require people to travel to shop or receive specialty care. As a girl, she had times where her family lived paycheck to paycheck, so she is mindful of financial stresses that some in our community face.

Sasha was drawn to the area by her love to hike with her husband Jeramy and their three dogs Noah, Abby, and Lilly. The access to forests and the joy of beaches that require a sweater in June acted as a major draw. The number one reason she chose Forks Family Medical Clinic was that during her many interviews in many locations; Forks Family Medical Clinic was the only place that, like her, was concerned more with quality care than the quantity of patients seen.

Please join Forks Community Hospital in welcoming Sasha Jensen to Forks Family Medical Clinic. For current information on providers, services, and information regarding local orthopedic services, please keep an eye on the Forks Forum, watch our website forkshospital.org, and follow us on Facebook, Instagram, and Twitter.